

# September 2017



**Check Out Our Website**  
[www.brookspreschool.com](http://www.brookspreschool.com)

**Find us on Facebook**  
to get all the up to date information and  
learn more about Brooks Preschool

**If you have any concerns or questions**  
throughout the year please feel free to  
contact Mrs. Bruce at the preschool or  
email her at  
[bpsteachers@brookspreschool.com](mailto:bpsteachers@brookspreschool.com)

**403.362.4828**



## Meet Our Board of Directors

Chair	Tara Dyck <a href="mailto:Chair4bps@gmail.com">Chair4bps@gmail.com</a>
Vice Chair	Brandi Bignell <a href="mailto:brandilindsay@hotmail.com">brandilindsay@hotmail.com</a>
Secretary	Erica Webb <a href="mailto:shaunanderica@gmail.com">shaunanderica@gmail.com</a>
Treasurer	Kayla Fry <a href="mailto:kaylabaksa@gmail.com">kaylabaksa@gmail.com</a>
Assistant Treasurer	Lindsey koza <a href="mailto:l.koza@hotmail.com">l.koza@hotmail.com</a>
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Teacher Liason	Mel Williams <a href="mailto:Williams.mel@hotmail.com">Williams.mel@hotmail.com</a>
Parent Resources	Alisha Johnson <a href="mailto:jordanalishajohnson@hotmail.com">jordanalishajohnson@hotmail.com</a>
Newsletter	Karlynn Takeda <a href="mailto:Kurly_9@hotmail.com">Kurly_9@hotmail.com</a>
Supplies	Stacey Wurtz <a href="mailto:perrystacey@hotmail.com">perrystacey@hotmail.com</a>
Member at Large	Ryan Slenders <a href="mailto:Ryan.slenders@gmail.com">Ryan.slenders@gmail.com</a>
Member at Large	Charli Heidmiller <a href="mailto:Weerstra885@hotmail.com">Weerstra885@hotmail.com</a>

## TEACHER'S REPORT

The staff and board members are excited to welcome you and your child to the Brooks Preschool. Thank you for embarking on this learning adventure with us! Please familiarize yourself with the contents of the Parent Handbook provided at registration. You will find it full of valuable information regarding snack requirements, sickness policy, discipline, and parent volunteer duties.

Our first weeks will be all about the children their emotions and learning about each other. We will focus on learning daily routines and settling into the classroom. Enjoy helping your child look forward to the adventures ahead with this familiar song.

“The more we get together, Together, together  
Oh, the more we get together The happier we'll  
be!”

Discussions and activities will help children realize that every person is unique and special; every child's thoughts and ideas are important and no one person is more or less important than another.

As teachers our goal is to best prepare your child for the world in which they will function in their later years. We provide a warm, happy and enriching environment, where the children are free to develop and grow, physically, mentally, and emotionally at their own individual pace. The skills and habits that your child will acquire in the classroom will last a lifetime, and will help to develop a good base, socially and intellectually.

## A Typical Day

Here is an outline of daily activities for a typical day in our School



3 Hr Class	2 Hr Class	Activity
8:45am	8:45am	Arrival (Sign in & Name Tags)
9:00am	9:00am	Welcome Circle Topic of the Day/Songs/Story
9:25am	9:15am	Expressive Art/Discovery Activity Play & Inquiry Based Learning
10:35am	10:00am	Cleanup/Transition/Wash hands
10:45am	10:10am	Snack & Clean Up
11:10am	10:30am	Circle Time/Skill Building (Show & Tell/Songs & game)
11:40am	10:45am	Gross Motor/Music & Movement (Outside – weather permitting)
12:00pm	11:00am	Home Time (Sign Out)

## SEPTEMBER Special Days

**Sept. 20, 21, 22** please invite your child to bring a favorite stuffed animal for a fun day of activities as we learn about counting and sorting.

**Sept. 27** the 3-4 year old class will go on their Fall Walk, be sure to wear Red, Blue or Yellow as we go collecting items for art and discovery. Extra parent helpers are welcome, please let your teachers know if you can help (sorry, no siblings due to licensing ratio numbers) This will be for the last 20 minutes of class.



## WAYS TO PREPARE

Talk positively about preschool. If your child sees that you like preschool, he or she will be more apt to develop positive feelings about school too. Read a relevant book and discuss what will happen at preschool. Some suggestions are: •“What to Expect at Preschool” by Heidi Murkoff •“How Do Dinosaurs Go to School?” by Jane Yolen •“Going to School” by Anne Cirardi •“The Kissing Hand” by Audrey Penn is a heartwarming tale that provides a gentle goodbye ritual for you and your child.

Avoid rushing!

Place a photo in your child’s snack as a surprise and a reminder of how much you care. Say good-bye lovingly yet quickly. Always reassure your child that you will be back at the end of preschool time. By saying something like “Have fun, I’ll be back soon and you can tell me all about what you did today,” you can make the transition much easier. Keep the good-bye cheerful, even if your child is tearful! Talk with your child’s teacher and discuss any concerns. We will be happy to work with you to make the most of your child’s preschool experience.

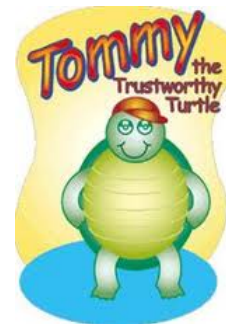
# CHARACTER EDUCATION

The "Six Pillars of Character" are Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship, and then under each of those, there are many "sub-pillars" like cheerfulness, friendliness, forgiveness, sharing, kindness, helpfulness, honesty, courtesy, and so on.

## TRUSTWORTHINESS

Your preschooler will meet Tommy the Trustworthy Turtle and be encouraged through stories, songs and activities to:

- Tell the truth
- Follow the rules
- Not take things that don't belong to him
- Do what he says he'll do--keep his promises



When you think about teaching your children to be trustworthy, you must remember it does not happen overnight. Instead, trustworthiness and good character are something you should model for your children every day because you are the most important teacher your child will ever have.



## LITTLE REMINDERS

Parents please let teachers know of any changes in phone numbers, addresses or medical concerns. We need to **keep information current**.

**Respecting Privacy:** we ask that you respect students by not posting pictures that include other children on social medias such as Facebook, Instagram, etc. unless you have the parent's permission to do so.

**Fire Safety/Licensing Regulations** – Shoes/slippers must be worn at all times while at Preschool. It is also a regulation that no hot drinks (coffee, tea, hot chocolate, etc.) are allowed in the Preschool, during school hours.

**Doors** at the preschool do not open until 8:45 pick up times are 11:00/12:00 doors will remain locked until then. If you need to pick up your child earlier, please ring the doorbell.

**Parent Helper Days** - Please make sure arrangements are made for siblings when it is your day to help. Again, due to licensing regulations, other children in the class will change our adult to child ratio.

**Show and Tell** – We ask that there only be one toy or special item per child as we often run out of time. Suggestions are favorite toys, art, photos and nature items.

**Play Zone** – Be advised, children paint, use markers, and glue at school. We recommend that you DON'T dress your child in their best clothes as stains are a possibility.

**Open Ended Art Tables** – One of our art tables will be completely open ended where children choose from a variety of items to create whatever they like to create. We encourage parents to praise their children for their efforts as they see their progress of development.

**Scholastic Books:** Sales help raise funds/ points for teacher to purchase new books and materials for the classroom.

**REMEMBER to sign your child in and out of class** on the attendance sheet when you drop off and pick them up.

**REMEMBER to clean out their cubby** area of all personal belongings and artwork at the end of each day.

## Fundraising Info

### Year at a Glance

The Preschool has a Running Tab at the **Brooks Bottle Depot**. You can simply drop off your bottles and let them know they are for the Brooks Preschool. Their Operating Hours: Tuesday - Saturday 9:30 am

**October** – The Pick Your Pumpkin Festival will once again be held at the Brooks Preschool with lots of fun activities, delicious baking and pumpkins to be purchased

**October** – BC Fruit will be available for ordering

**December** – The Scholastic Book Fair will be coming to the Preschool.

**March** – Meat: a variety of meat products will be available for purchase

**May** – Raffle: Sell tickets for some great prizes to be won

## Pick Your Own Pumpkin

Brooks Preschool will be hosting their 4th annual "Pick your own Pumpkin" Fundraiser in mid October. This is a community event and we are looking for pumpkin donations!

Contact Anita Bruce or our Parent Resources Rep, Alisha Johnson, if you have any pumpkins you would like to donate! Watch for more info and dates to follow on this amazing community event!



## Our Mission Statement

The Brooks Preschool provides a quality play-based educational experience for early childhood learners in our community.

## Our Philosophy

We believe children learn best through meaningful play. Play is the medium of basic learning in the early years and is the foundation for continued learning. Our play-based child centered program reflects the integration of literacy and language development, numeracy, discovery, social and emotional relationships; music, drama, art and physical fitness areas for the total development of the child.



An essential part of the preschool is that all families become actively involved in the operation and evaluation of the preschool through their participation. This includes assisting the qualified teacher in the class on a regular basis, or serving on the Board of Directors.

We believe the primary function of a good preschool is to help each child achieve and enjoy the fullest development possible for them. An experience in preschool will serve as a readiness bridge to school.



# SNACK ATTACK



## Apple Sauce

Tis the season for all things apple! You won't believe how easy it is to make your very own Homemade Chunky Applesauce. Enjoy this Applesauce as a treat on its own, or use it to replace up to half of the fat in baked goods. It's great to use as a topping for your waffles, pancakes, crepes or latkes. It's also great mixed in with oatmeal, and with more savory dishes, too, like roast meats.

### Ingredients

- 4 fresh apples, peeled
- cored and chopped into chunks
- ½ - ¾ cup water
- ½ teaspoon ground cinnamon, pinch nutmeg

### Instructions

- 1 In a medium saucepan, combine apples and water. (There should be just enough water to cover the bottom of your pan). Cover and bring to a boil.
- 2 Reduce heat to medium low and simmer for approximately 10 minutes. Make sure that there is always a thin layer of water.
- 3 Add cinnamon and nutmeg and continue to cook for another 10 minutes or so. Once the mixture has softened, you can mash the mixture with a fork or a potato masher, until your desired consistency is achieved. Alternatively, you can use an immersion blender for a smoother consistency.
- 4 Serve warm or chilled. OR store in the fridge for up to 3 days.



## Carrot Zucchini Apple Bread

### Ingredients

- 1 cup unsalted butter, melted
- 2 cups granulated sugar
- 3 eggs, room temperature
- ¼ cup fresh orange juice
- 1 tbsp vanilla extract
- 3¼ cups all-purpose flour
- ½ tsp salt
- 2½ tsp baking powder
- ¾ tsp baking soda
- 1 tbsp cinnamon
- pinch of ground cloves
- pinch of ground nutmeg
- 2 cups shredded carrots
- 1 cup shredded zucchini (unpeeled)
- 1 cup diced, peeled apple
- ½ cup pecans, chopped (optional)

### Instructions

- Preheat oven to 350 degrees.
- Grease and flour two 8x4 inch loaf pans.
- Blend butter, sugar, egg, orange juice, and vanilla together.
- Combine flour, salt, baking powder, baking soda, cinnamon, cloves, and nutmeg together.
- Fold dry ingredients into wet along with carrots, zucchini, apples, and pecans.
- Pour into prepared pans.
- Bake until golden brown, approximately 1 hour, or until loaves spring back when gently pressed with fingers.

# Brooks Preschool September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13 <b>Child &amp; Parent Orientation</b>	14 <b>Child &amp; Parent Orientation</b>	15 <b>Child &amp; Parent Orientation</b>	16
17	18 <b>Me &amp; My Emotions</b>	19	20 <b>Me &amp; My Emotions</b> <i>(Bring a Stuffed Animal)</i>	21 <b>Me &amp; My Emotions</b> <i>(Sorting Day - Bring a Stuffed Animal)</i>	22 <b>Me &amp; My Emotions</b> <i>(Sorting Day - Bring a Stuffed Animal)</i>	23
24	25 <b>My Five Senses</b>	26	27 <b>Fall Walk</b> <i>(Last 20 minutes of class)</i>	28 <b>My Five Senses</b> <i>(tasting party)</i>	29 <b>My Five Senses</b> <i>(tasting party)</i>	30

